

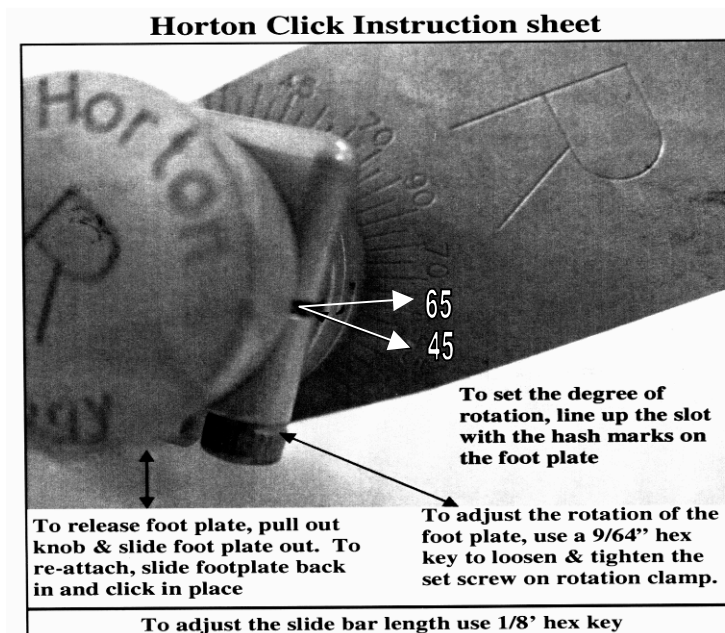
DATE: _____

PATIENT NAME: _____

ORTHOTIC DEVICE: DENNIS BROWN BOOTS AND HORTON CLICK BAR

WEARING INSTRUCTIONS

- When placing the boots and bar on your child, open up the laces of the boots so that you can freely see the fit and position of the foot within the boot. Place the boot on making sure that the heel is completely in to the bottom and back and is strapped in snugly with the tongue and strap so that the foot does not shift in the boot or come out. Always put the boots on separately and then slide the footplate in until you hear it click.
- Make note of the angle of outward rotation of the foot. You should start at 45 degrees outwards and eventually reach 65 degrees on the side(s) affected by clubfoot. To adjust the degree of rotation, line up the slot with the hash marks on the footplate. You will need to use the 9/64" allen key to loosen and tighten the set screws on the rotation clamp. (please see attached images for clarification)



- To remove the boots from the bar, completely pull the knob down and slide the footplate out.
- It is **IMPORTANT** to wear the orthosis all day and all night except at bath time, where it can be taken off and reapplied after the feet are dry.

- It is best to place the orthosis on and leave it on. However, there are times when neither the parents nor the child are able to get any sleep. In this case, although it is preferable to leave the orthosis on, you may take the bar off or reduce the amount of toe angle outwards, until your child can tolerate it. After tolerance to the boots and/or boots and bar at a reduced angle are tolerated, you can slowly increase the amount, or reapply the bar. Remember that in the cast your child was already in this position, the only difference being that there was no bar in between the legs. The Dennis Browne Boot and Bar is meant to only hold the position previously obtained by casting. If there is some difficulty, with bruising or blistering it is imperative that the Orthotist and/or the Doctor is made aware of the problem.
- There should be no pain resulting from the orthosis, and any discomfort should have dispersed by two weeks of gradual weaning into them at which time your child should be completely used to the orthosis, If at this time, there is still discomfort or an adjustment is necessary please call for an appointment. An Orthotist will be attending the clubfoot clinic every week if you need to come for adjustments.
- If there is redness which remains and was not due to incorrect application, an adjustment may be necessary. Please call to make an appointment and provide details of the problem you are experiencing.
- The socks that your child wears should be of medium thickness, not too thin not too thick and with snugness so that wrinkles do not take place as this may cause pressure areas. If you can do so, cut the toe off the first sock so that you are able to monitor the colour of the skin on your baby's toe.
- Your child will need a few different sizes of boots and one Horton Click Bar as he/she grows. This will be determined at check-ups at the clinic. When they are able to be in a exersaucer, they will wear high cut boots that have a stiff sole and heel and will wear the bar and boots only at night.

SPECIAL INSTRUCTIONS/RECOMMENDATIONS

There is a **90 day warranty period** on the Dennis Browne Boots and Bar for satisfactory fit and workmanship. If any adjustments or repairs are required during this period of time under the above mentioned conditions, these will be covered under the warranty period.

Thank you,
 ∇ Serap Kaga, C.O. (c); ∇ Jarrod Tucker, C.O. (c)